HOT HOT MERENGUE

INTRO

1-6   <u>WAIT;; M HOLD (W TRNG HIP BUMPS);; CROSS PNTS TOG;;</u>

      1-2   Fcg ptr/WALL 6-8 ft apart with lead ft pressed in fwd poise wait;;

      3   M hold,-,-,-(W with wt on L start LF trn stepping on ball of R ft to raise R hip,
            rec L, cont LF trn stepping on ball of R ft to raise R hip, rec L);

      4   REPEAT MEAS 3 INTRO while M cont to hold in press line (W cont LF trn
            with hip bumps around to fc ptr) to end fcg ptr/WALL still 6-8 ft apart;

      5   With lead ft free moving twd ptr XLIF of R, pnt R to sd, XRIF of L, pnt L to sd;

      6   Cont to move fwd twd ptr REPEAT MEAS 5 INTRO;

PART A

1-4   <u>CONGA WLKS L & R;; CONGA WLKS FWD & BK;;</u>

      1   Fcg ptr/Wall no hnds jnd sd L, XRIF of L, sd L with slight upper bdy trn, tap R;

      2   Sd R, XLIF of R, sd R with slight upper bdy trn, tap L;

      3   Still no hnds jnd fwd twd ptr/WALL R, L, R, pnt R bk (W bk R, L, R, pnt L fwd);

      4   Backing twd COH R, L, R, pnt L fwd (W fwd twd ptr COH L, R, L, pnt R bk);

5-8   <u>MERENGUE BASIC; MERENGUE GLIDE; MERENGUE BASIC; MERENGUE GLIDE;</u>

      5   In CP/WALL sd L, cl R, sd L, cl R;

      6   Sd L/cl R, sd L/cl R, sd L, cl R;

      7-8   REPEAT MEAS 5 & 6 PART A blending to BFLY;;

9-12   <u>TWRL TO TAMARA; WHEEL;; UNWRAP;</u>

      9   With both hnds jnd in plc L, R, L, R leading W to trn undr jnd lead hnds to fc
            RLOD in tamara position (W trns RF under lead hnds R, L, R, L to fc RLOD);

      10   In tamara position fcg LOD wheel RF fwd L, R, L, R to fc RLOD;

      11   Cont RF wheel fwd L, R, L, R to fc LOD;

      12   Cont RF wheel fwd L, R, L, R(W unwrap from tamara pos trng LF fwd R, L, R,
            L) end fcg ptr/WALL blending to CP;

13-16   <u>MERENGUE BASIC; TWRL 2 SD CL; FWD STAIRS 8;;</u>

      13   REPEAT MEAS 5 PART A;

      14   Sd L, cl R, sd L, cl R leading W trn RF undr jnd lead hnds (W trn RF undr jnd
            lead hnds fwd R, L to fc ptr COH, sd R, cl L) end fcg ptr/WALL;

      15-16   CP/WALL fwd L, cl R, sd L, cl R; fwd L, cl R, sd L, cl R;

17-20   <u>MERENGUE BASIC; TWRL 2 SD CL; FWD STAIRS 8;;</u>

      17-20   REPEAT MEAS 13-16 PART A;;;;

21-24   <u>AIDA; HIP RK 4; CIRCLE AWAY TO FC IN; MERENGUE BASIC;</u>

      21   Sd L, thru R, sd L commencing RF trn to fc RLOD, bk R to end in bk/bk "V"
            position;

      22   Without changing foot position rk fwd L, bk R, fwd L, bk R;

      23   Fwd L twd RLOD, commence RF trn away from ptr fwd R, cont RF trn fwd L,
            fwd R trng RF to look at ptr to end fcg ptr/WALL 6-8 ft apt;

      24   Without joining ptr in CP REPEAT MEAS 5 PART A staying 6-8 ft apt;

INTRO MOD

1-4   <u>**M HOLD (W TRNG HIP BUMPS);; CROSS PNTS TOG TO CROSS HNDS;;**</u>

       1-3   **REPEAT MEAS 3-5 INTRO;;;**

       4   **REPEAT MEAS 6 INTRO joining R/R & L/L hnds with R hnds on top;**

PART B

1-8   <u>**MERENGUE BASIC W/HEAD LOOPS; ARM SLIDE;; MERENGUE BASIC W/HEAD**</u>
          <u>**LOOPS; ARM SLIDE;; TWIST VINE 8;;**</u>

       1   **Sd L taking jnd R hnds up and placing them behind M's head, cl R releasing R hnds, sd L taking jnd L hnds up and placing them behind M's head, cl R releasing L hnds end CP/WALL;**

       2   **Bk away from ptr L, R, L R while W slides her hnds down M's arms to join both hnds;**

       3   **Fwd twd ptr L, R, L, R chnging hand hold to R/R & L/L hnds with R hnds on top;**

       4-6   **REPEAT MEAS 1-3 PART B but without cross hnd ending to arm slide;;;**

       7   **Comm sl RF upper bdy trn sd & bk L (W sd & fwd R), XRIB of L (W XLIF of R) comm sl LF upper bdy trn sd & fwd L (W sd & bk R), XRIB of L (W XLIB of R);**

       8   **REPEAT MEAS 7 PART B;**

PART A (1-8)

1-4   <u>**CONGA WLKS L & R;; CONGA WLKS FWD & BK;;**</u>

       1   **Fcg ptr/Wall no hnds jnd sd L, XRIF of L, sd L with slight upper bdy trn, tap R;**

       2   **Sd R, XLIF of R, sd R with slight upper bdy trn, tap L;**

       3   **Still no hnds jnd fwd twd ptr/WALL R, L, R, pnt R bk (W bk R, L, R, pnt L fwd);**

       4   **Backing twd COH R, L, R, pnt L fwd (W fwd twd ptr COH L, R, L, pnt R bk);**

5-8   <u>**MERENGUE BASIC; MERENGUE GLIDE; MERENGUE BASIC; MERENGUE GLIDE;**</u>

       5   **In CP/WALL sd L, cl R, sd L, cl R;**

       6   **Sd L/cl R, sd L/cl R, sd L, cl R;**

       7-8   **REPEAT MEAS 5 & 6 PART A blending to BFLY;;**

END

1   <u>**SD TRN BK PRESS;**</u>

       1   **Sd L commence RF trn to fc RLOD, bk R, press L ball of foot to floor in fwd poise with outside arms up,-;**